

# Set-Up Sheet: CRF 150/230F

#### **General Notes**



The CRF 150/230F Podium X you purchased from Fox Racing Shox is different from Honda's stock unit, as it is completely adjustable and has a remote oil reservoir that is mounted to the frame. Installation is not as simple as the stock shock, so please carefully follow the instructions below to ensure safe operation.

### **Mounting Instructions**

#### Step 1:

Remove the seat, left sideplate, and stock shock from the motorcycle. Pull out the battery box slightly to create enough room for the reservoir to fit between it and the frame. Install the new shock by leading with the reservoir and hose. Be sure support the shock at all times and do not yank on the hose.

#### Step 2:

Install the upper mounting bolt through the shock eyelet. The hose should exit to the left of the motorcycle. Reinstall the lower link and shock mounting hardware. Torque all bolts to the specifications noted in your Honda owner's manual.

#### Step 3:

Place the reservoir in the supplied mounting bracket. Do not tighten the clamp screw, as you will need to be able to slide the reservoir up and down in the next mounting step.







### Step 4:

Remove the engine's left, rear engine mounting plate and replace it with Fox's mounting bracket. Re-torque all bolts following Honda's specifications. Locate the reservoir in the position shown and tighten the clamp screw to 45 inlbs.

Fox Racing Shox's reservoir mounting bracket replaces the stock bike's rear engine mounting plate



## Step 5:

Go out and ride.